

Study Skills (Self Improvement)

Print only page 3 of this document for your Syllabus Search!

Purpose of these assignments: If you treat each math class like the ones in your past, you're likely to earn at least one letter grade *lower* than the class before, because math gets harder and builds on itself. ☹️
You must change or increase your study skills to master harder material. 😊

General information about the Study Skills Category:

- All students must complete the Syllabus Search (20 points) and Tutoring (20 points), which you receive on the first day of class.
- After that, you have two choices, option 1 or option 2, for earning the remaining points.
- Both options have opportunity for extra credit (EC) and take about 10 hours of work.

Overview of Option 1 & Option 2 (details follow after the grid):

Option 1 (10 assignments you print)	Points (option 1)	Option 2 (one online course)	Points (option 2)
Syllabus search	20 points	Syllabus Search	20 points
Tutoring	20 points (up to 20 pts EC depending on WHEN you turn it in)	Tutoring	20 points (up to 20 pts EC depending on WHEN you turn it in)
Time Management*	20 points	Certificate for Coursera “Learning How to Learn” online class	110 points (plus up to 50 points EC depending on WHEN you turn it in)
Autobiography and Growth Mindset	20 points		
Exam Preparation and Exam Taking**	20 points		
Metacognition 1	20 points		
Metacognition 2	30 points		
Last Metacognition	(20 points EC)		
(2-sided printing)	(9 points EC)		
Total	150 points (+49 extra credit)	Total	150 points (+70 extra credit)

Specific Information about the options (Option 1, Option 2, and How to Choose an Option):

Option 1: Print Study Skills Assignments from Class Website

- The assignments have fixed due dates, listed in the class calendar, on the class website under syllabus.

- To find the assignments, find the folder called “Study Skills (Self Improvement)” on the top level of the class website. [Use the back arrow on your browser to go to the top level of the class website, where there are folders for Advice, each course, Graphing Calculator Exercises, and Study Skills.]
- Print each assignment from the class website (bonus +1 point for using 2-sided printing), staple, write your answers, and submit in class on the due date listed in the class calendar.
- Some questions have correct answers, while others are reflective and individual. Full credit will be given for following instructions, answering fully, and taking questions seriously. Partial credit is possible.

Option 2: Online class “Learning How to Learn”

- Complete the online class “Learning How to Learn”, at www.coursera.org (Type “Learning How to Learn” in the Coursera search box, then select the course in the language you prefer.)
 - The course is focused on learning math and science and includes information about brain research and educational psychology, plus study skills.
 - Provide proof of completion of the “Learning How to Learn” Course on or before the due date in the class calendar by
 - Turning in a printed copy of your official certificate, or
 - Forwarding the completion email you received from Coursera, provided your username in Coursera is transparently you, or
 - Meeting with me briefly to log in to Coursera and show me your completed course.
 - To receive an official certificate, you must
 - Pay the Coursera registration fee or apply for Coursera’s financial aid (separate from SWC) with an easy online application - which takes up to 15 days to be processed by Coursera. Coursera’s financial aid does not require FAFSA, and is unrelated to SWC financial aid. To apply, you’ll need to write several short essays and decide how much you can pay.
- AND
- Submit photographs of yourself and of your U.S. government-issued photo ID for Coursera to validate – which takes up to 5 days to be processed by Coursera, after you have completed the course.
 - If you follow the recommended calendar, it takes about 4 weeks to complete and begins again every 4 weeks. You can “binge” it, however. 😊

Cycle	Apply for Coursera’s financial aid by	Begin the course about	End the course and submit ID verification	Certificate turned in on or before	Points	Extra Credit***
1	ASAP	ASAP	3-Feb-19	11-Feb-19	200	+50
2	20-Jan-19	4-Feb-19	3-Mar-19	11-Mar-19	180	+30
3	17-Feb-19	4-Mar-19	31-Mar-19	8-Apr-19	160	+10
4	17-Mar-19	1-Apr-19	28-Apr-19	6-May-19	150	+0

- For maximum benefit (both points and personal growth), do it earlier.
- The same class is available in multiple languages, including Spanish. [Calendar of start dates may vary for courses in other languages.]

“Which Study Skills Option Should I Choose?”

Name _____

For each Concern, check the box which best describes you.

Concern	Option 1	Option 2
Students repeating a class with Professor Carey <input type="checkbox"/> I have not taken a class with Ms. Carey before.	<input type="checkbox"/> I have taken a class with Ms. Carey before, and I did Option 2. STOP. You must choose Option 1. Skip to the last row.	<input type="checkbox"/> I have taken a class with Ms. Carey before, and I did Option 1. STOP. You must choose Option 2. Skip to the last row.
Photo ID	<input type="checkbox"/> I do not have a U.S. or U.S. state government-issued ID. <u>AND</u> <input type="checkbox"/> I am not willing to meet with Ms. Carey to discuss Coursera. If you checked BOTH boxes, STOP. You must choose Option 1. Skip to the last row.	<input type="checkbox"/> I have a U.S. or U.S. state government-issued photo ID to verify my identity with Coursera. <u>OR</u> <input type="checkbox"/> I will meet with Ms. Carey and discuss the course instead of verifying my ID.
Language (If English is not your preferred language)	<input type="checkbox"/> I prefer English.	<input type="checkbox"/> I prefer English OR <input type="checkbox"/> I prefer another language. (Coursera may be offered in your preferred language, e.g. Spanish.)
Money	<input type="checkbox"/> I am willing to print the assignments (about 45 pages).	<input type="checkbox"/> I will pay the fee (about \$49) for Coursera’s official certificate. OR <input type="checkbox"/> I will apply for financial aid 15 days before I intend to start “Learning How to Learn”. (No SWC student has been declined by Coursera.) OR <input type="checkbox"/> I will meet with Ms. Carey and discuss the course instead of purchasing a certificate
Sharing personal information	<input type="checkbox"/> I am willing to share personal comments with the professor.	<input type="checkbox"/> I prefer not to share personal comments with the professor.
Completion requirements	<input type="checkbox"/> I understand that I must complete all questions of all assignments to earn 100%.	<input type="checkbox"/> I will complete the course and earn 100% automatically.
Working place	<input type="checkbox"/> I prefer assignments that are written on paper and can be done anywhere.	<input type="checkbox"/> I have internet access and am willing to work online.
Flexibility of due dates	<input type="checkbox"/> I will read the calendar and turn in the assignments on the fixed dates in class calendar.	<input type="checkbox"/> I will read the calendar and start Coursera promptly, but I appreciate the flexibility in start dates and timelines.
Topics	<input type="checkbox"/> I especially want advice about this class, professor and her exams, and this material.	<input type="checkbox"/> I am more interested in general strategies for study, college, life, and intellectual mindset.
Based on your answers, which option do you choose?	<input type="checkbox"/> Option 1: Printed assignments	<input type="checkbox"/> Option 2: Online course

Trying to avoid this category? Please don't.

- Students who do not choose an option will be assigned to Option 2.
- You can change your choice until the day that Time Management (Option 1) is due (see class calendar in this syllabus). To change your choice, write your name, class, section, date, and the option you want, and turn it in during class or by email. If you don't request it in writing, it may not happen. If you do not receive a written reply confirming the change, the request was not received.
- If you attempt to change your choice after the day Time Management is due, you probably will not receive full credit for the Study Skills category.
- You may not do both options.

If you already have awesome (college-level) study skills:

You will demonstrate this by earning an A on the first exam! So...

If you earn an A on the first exam	If you do not earn an A on the first exam
You may choose to be exempt from all remaining Study Skills requirements – by receiving automatic full credit on any remaining assignments (but NO extra credit in this category.)	You continue to do the assignments as usual (and potentially earn extra credit, and hopefully do better on later exams!)
OR	
You may choose to continue to do the assignments as usual (and potentially earn extra credit.)	

If you have awesome study skills and selected Option 1, but didn't earn an A on the first exam: (?)

*The required points for Time Management may be earned by good attendance, namely: At the end of the term, the fraction of your remaining attendance bonus points divided by the original total, times 20 points, will be substituted for your grade on this assignment, if it helps you.

**The required points for Exam Preparation and Exam Taking may be earned by good exam scores, namely: At the end of the term, your exam average, expressed as a decimal, times 20 points will be substituted for your score on this assignment, if it helps you.